

Module specification

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Module Code	FAW422
Module Title	Football Coaching for Player Development
Level	4
Credit value	20
Faculty	FSLS
HECoS Code	100095
Cost Code	GASP
Pre-requisite module	N/A

Programmes in which module to be offered

Programme title	Core/Optional/Standalone
BSc (Hons) Football Coaching and the Performance Specialist	Core
FdA Football and Community Development	Core

Breakdown of module hours

Learning and teaching hours	18 hrs
Placement tutor support hours	0 hrs
Supervised learning hours e.g. practical classes, workshops	18 hrs
Project supervision hours	0 hrs
Active learning and teaching hours total	36 hrs
Placement hours	0 hrs
Guided independent study hours	164 hrs
Module duration (Total hours)	200 hrs

Module aims

- To expose the students to a variety of coaching pedagogical concepts.
- Provide students with the opportunity to develop their pedagogical skills through applied practice.
- Introduce students to the concept of football coaches as reflective practitioners

Module Learning Outcomes

At the end of this module, students will be able to:

1	Discuss the key qualities of effective and ineffective sports coaching.
2	Utilise a reflective approach to identify strengths and areas for development within the coaching environment
3	Plan a football coaching session aligned to an NGB qualification
4	Deliver a football coaching session aligned to an NGB qualification
5	Utilise industry technology to design appropriate coaching practices

Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Coursework - You will create a 20 minute video reflection utilising footage from your Coach Education mentoring session. Within the video reflection, you will draw upon pedagogical theory to identify strengths of your coaching practice and areas of development. (2000 words)

Portfolio – The portfolio will provide evidence of your coaching journey as part of the NGB Award. Within the portfolio you will include 8 football session plans which are aligned to the structure of the FAW Coaching pathway and 8 reflections for each session. In addition to the above, you will also include all bespoke FAW Coaching pathway tasks. The session plans can be designed using session planners or alternatively, Sport Session Planner can also be utilised.

Assessment number	Learning Outcomes to be met	Type of assessment	Duration/Word Count	Weighting (%)	Alternative assessment, if applicable
1	1-2	Coursework	20 mins/2000 words	40	N/A
2	3-5	Portfolio	1500 words	60	N/A

Derogations

N/A



Learning and Teaching Strategies

Planning, organisation, observation, discussion, self-management, independent thinking, problem solving, IT skills, communication skills, interpersonal skills of interacting with performers and reflective practice.

This module will be delivered with a variety of learning & teaching strategies, where students have to engage with a range of activities, which include lectures, seminars, blended learning, small group work, practical activities and practical workshops

Welsh Elements

The programmes will be delivered through the medium of English. Students are entitled to submit assessments in the medium of Welsh. If students wish to converse in Welsh, they will be assigned a Welsh speaking personal tutor. Students will be sign posted to relevant opportunities via the VLE and MS Teams page.

Indicative Syllabus Outline

- Coaching vs Mentoring/Role of a Coach
- The Planning Process
- Strategic Observation
- Coaching Conversations & Communication
- The Different Dimensions of Coaching Talk
- The Visual Learner
- Social Learning Theory
- Use of Video to Support the Coaching Process
- Introduction to Skill Acquisition

Indicative Bibliography

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Cope, E., and Partington, M. (2019) *Sports Coaching: A Theoretical and Practical Guide*. London: Routledge.

Other indicative reading

Armour, K. (2013) *Sport Pedagogy: An Introduction for Teaching and Coaching*. London: Routledge.

Corsby, C. and Edwards, C. N. (eds.) (2021) *Exploring research in sports coaching and pedagogy: Context and contingency*. Newcastle upon Tyne, England: Cambridge Scholars Publishing.

Light R and Harvey S. (2019) *Positive Pedagogy for Sport Coaching*, 2nd ed.. London, England: Routledge

Administrative Information

For office use only	
Initial approval date	08/12/2021
With effect from date	01/09/2022
Date and details of revision	July 2025 – module updated with sports validation for Sept 2025
Version number	2